THE MUDSLINGER GAZETTE

Where does the time go!? It seems like only ninety days since our last run. Anyway gang, it's time again for the (1988) Summer Solstice Mud Grand Prix Run. YEAH!!!! Well, "yeah" for some and "boo" for others. If you run like a gizelle, the run is definitely a "yeah". If you are a beer drinking, pizza eating, wine gulping, part time jogger, party animal one each, the run can be a painful "boo". If you think about the Mud Grand Prix course (optional), it does consist of a number of "yeah's" and a number of "boo's". The start is definitely a "yeah" followed by a "boo" at the stone hut and a series of panting "boo's" 'til you reach Dogwood Trail. From there it is "yeah" all the way back to Wallace Park. If you decide to use any of the alternate (short-cut) trails back to Wallace Park, that is considered a "cheating yeah", but who cares. Only you and your hair dresser will know for sure.

Prior to this years Summer Solstice Run, we will have an aerobic workout to loosen up those tired of stiff joints. Tammy Titetush and Bruno Biceps from the Look-At-Me Aerobic Center in Lake Oswego will be leading the workout. Live aerobic music will be provided by Connie Cleavage and the Cleavettes. After the workout, Tammy will be showing a new line of running wear from her Bunn Hugger collection while Bruno will try to (re)discover the secret of fire.

Bad news! We will no longer allow a wheel chair division in our quarterly MGP runs. We had two wheel chair racers enter the spring run and neither racer finished. Duke Murphy, a Viet Nam Veteran, was unable to navigate Dogwood Trail. Not only did Duke miss the original trail, he blazed a new trail - Dogwood Trail II. They said Duke was doing at least 90 mph when he crossed Lief Erickson Trail yelling something about excrement(????). Big heavy "boo". Chuck Stevens, another Viet Nam Veteran, was able to maneuver his chair along the trails and was zipping along at a pretty good clip down Lief Erickson Trail. Well, it was really my fault for not explaining the entire course to Chuck prior to the run. I forgot to mention the heavy metal gate at the end of N.W. Thurman*. The bad news is a new neck brace for Chuck. The good news is that the chair made it back to Wallace Part in 36:19 - new course record. YEAH!!!!

* Or is it at the <u>beginning</u> of the Lief Erickson Trail? RESULTS - MUD GRAND PRIX VERNAL EQUINOX RUN 3/20/88

Chuck Sparks	45:07	Val Schultz	52:42
Ed Carpenter	47:26	Dave Karn	52:59
*Susan Thomas	47:48	Tom Hill	53:08
*Bonnie Mitchell	47:52	John Salmon	53:26
Steve Cackley	48:39	#Leanna Granum	55:41
John Bradley	48:39	#E. David Granum	55:47
**Roger Larson	48:41	Elaine Paul	55:47
Ed Hershberger	49:23	Lil' Lucas	56:10
Rick Carlson	49:23	T.K. Adams	56:44
David Register	49:26	**Carol Bradford	58:20
Tom Schneiger	50:38	Bob Trisman	1:00:11
Frank MacMurray	51:14	Ann Whiting	1:03:16
Dean Stroup	51:30	Teresa Jordan	1:16:19
* Via Aspen Trail	# Via	Holman Trail ** Ran	3/15/88

The Summer Solstice Run will take place at Wallace Park SATURDAY, JUNE 18, 1988 at 11:57 am to correspond with the annual Pot Luck Summer Picnic. The picnic will follow the run and no one will be allowed to eat 'til the last runner finishes. Hope to see you all Saturday at Wallace Park.

RD: Roger Larson 1745 NE 50th Portland, Or. 97213 288-9602 or 288-9604 (recorder) or 648-5000 (work) This unit comes in four fragerances: Rose, Musk, Bruccoll, Hallbut.

THE PORT-A-ULTRAMARATHON - This is the top of the line model.

This unit has a charcoal activated septic tank built in for those long hauls. This unit weighs 84 lbs. due to the 3" of top soil required by the EPA. R & D is working on a new light weight concrete for the '59 Model.

All units come with Zip-Lock Yard Bags and Argentinean Bola's for easy disposal. The uniforms are great. The singlet is chocolate brown with yellow trim and the shorts are yellow with brown polka dots. The singlet will have the Port-a-Pottee logo on the front and the words "Shit Happens" on the back. Great huh! The outfits come in Small, Medium, Large, and Oh Wow.

The Autumnal Equinox Mud Grand Prix run will take place SEPT 22nd

6:15 pm

In honor of the 1988 Dlympics, we will be giving GOLD, SILVER, and BRONZE to the first three finishers in the men's and women's division.

RESULTS - MUD GRAND PRIX SUMMER SOLSTICE RUN

Richard Makehon	45:33
De: Scharffenberg	45:44
Ed Carpenter	47:22
	49:12*
Nathan Tong	49:14*
E. David Granum	49:22*
Roger Larson	50:33#
Steve Cackley	51:53
John Bradley	51:53
Dennis Tong	53:32
John Salmon	53:35
Frank MacMurray	53:45
Steve Larson	54:12
Val Schultz	54:36**
Dave Karn	55:11
Mike Wells	55:17
TK Adams	55:17
Bob Mullins	57:08
Ann Whiting	59:46
Carcl Bradford	59:52



* Via Holman # Ran 6/21/88 ** Ran 6/29/88

RD: Roger Larson 1745 NE 50th Portland, Or. 97213 Phone: 503-288-9602, 503-288-9604 Recorder, 503-648-5000 (work) 206-623-2210 (work Seattle - emergency only)



RESULTS OF THE AUTUMNAL EQUINOX MUD GRAND PRIX RUN - SEPT 22, 1988

	* *
Steve Cackley	28:15 [short course!]
Del Scharffenberg	44:33
Chuck Sparks	45:42
Val Schultz	47:35
Tom Vanderzanden	49:47
Frank MacMurray	51:46
karl Wetzel	52:06
Ken Fletcher	52:58
Dennis Tong	
Rick Carlson	53:00
Janet Sherman	53:06
Bob Mullins	53:38 [ran earlier]
Buzz Willets	53:47
	54:41
Angela Elden	56:17
David Register	56:18
T K Adams	56:55
Carol Bradford	61:05
Elaine Paul	61:09
Teresa Jordan	66:55
Liana Granum	63:17 (via Mystery Trail)
E David Granum	63:22
Johnn Granum	63:47 "
Nicolas Granum	63:51 "

1988 MUD GRAND PRIX OLYMPIC WINNERS

MENS DIVISION

Del Scharffenberg GOLD

Val Schultz BRONZE

Chuck Sparks

SILVER

WOMENS DIVISION

Angela Elden

GOLD

Carol Bradford SILVER

Elaine Paul BRONZE

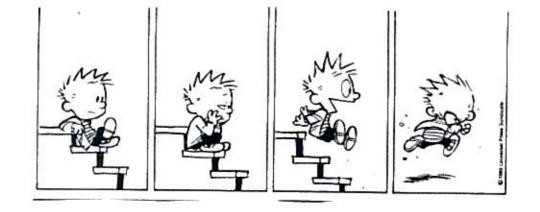
See you at the run!!! Roger Larson 1745 NE 50th Portland, Or. 97213 503-288-9602 503-288-9604 (recorder)

503-648-5000 [work]









MUD GRAND PRIX WINTER SOLSTICE RACE RESULTS

LYNN HARMON 43:30 STEVE WEARY 44:33 RICHARD SPACCARELLI 45:58 STEVE CACKLEY 46:17 DEL SCHARFFENBERG 48:05 DEAN STROUP 48:12 RICK CARLSON 48:24 ROGER LARSON 51:43 BOB MULLIN 52:41 JOHN SALMON 53:24 KARL WETZEL 53:42 JOHN GOLVEIA 53:42 TIM DOBRATZ 54:48 GRANT COOK 56:47 BOB COOK 57:09 STEVE JOLIN 57:09 MARCIA SCHULMERICH 57:19 59:29 ANN WHITING 60:02 CAROL BRADFORD EDDIE ZAWASKI 61:39 ALICE JAY 61:39 DAVID REGISTGER* 62:18 STEVE SCHAPIRO 62:18 62:53 63:37 TOM HILL E. DAVID GRANNUM ALEX STROUP 63:58

* Late!

I am still getting MGP letters back due to NOT AT THIS RESIDENCE stamped across the envelope. I wrote the $d_{_}$ thing, so I don't want 'em back. Please check with me before, during, or after the run to verify correctness in your address. Remember, if no one shows up for the run - I win!

ROGER LARSON 1745 NE 50th Portland, Or. 97312 503-288-9602 evening 503-288-9604 [boring recorder] 503-648-5000 day