

VERNAL EQUINOX MUD GRAND PRIX (76TH)
23 MARCH, 1996 9:00 AM

1) RED FISHER (43)	.44:32	
2) PETER A JENSEN (26)	.46:24	
3) ROBERT MOW (45)	.47:45	
4) DEAN JUSTICE (42)	.50:22	
5) DEL SCHARFFENBERG (50)	.51:10	
6) RICK CARLSON (46)	.51:22	
7) BOB LYNES (57)	.51:26	
8) ERIK SCHARFFENBERG (25)	.51:34	
9) BETTY WAGNER (45)	.52:24	(FIRST WOMAN)
10) GERRY GREEN (58)	.52:26	
11) BETTE DZAMBA (32)	.52:54	(SECOND WOMAN)
12) BOB MCCARTNEY (44)	.53:32	
13) PEGGY HUNTER (31)	.53:37	(THIRD WOMAN)
14) STEVE CACKLEY (49)	.54:04	
15) JOHN MARTIN (51)	.54:46	
16) SCOTT BURGESS (38)	.55:04	
17) JIM ATHAY (45)	.55:06	
18) CLIFF AALBERG (44)	.55:26	
ED HERSHBERGER	.55:26	
20) MICHAEL RYAN (52)	.56:30	(20th in 12-95; improved 42 sec)
21) CHUCK REA (42)	.56:44	
22) BILL STANDAL (53)	.57:10	
23) DALE LANDER (39)	.57:25	
24) TERRY CASTLES (37)	.57:33	
25) JOHN SALMON (51)	.58:18	
26) BILL CAPRON (48)	.59:22	
27) ALLEN SICKLES (43)	.60:19	
28) ROGER LARSON	.62:14	
29) AL CABELLY (45)	.63:24	
30) BOB ROSS (52)	.64:18	
STEVE SHAPIRO (45)	.64:18	
32) VAL SCHULTZ	.65:21	
33) NATHAN TONG (16)	.66:38	
DENNIS TONG (50)	.66:38	
35) KATIE GARVIE	.67:07	
MARY SMITH	.67:07	
37) DENNIS E HALL (50)	.67:41	
38) BOB HAMMERS	.68:04	
39) BILL MCCRACKEN (52)	.70:20	
40) JULIE PEYTON (39)	.70:22	
41) SPUD DOG HENDERSON	.77:27	(3-20-96; on the bus day of race)
42) CYNTHIA BOHAN (34)	.79:24	
43) JOANNE ROSS	.79:24	(3-20-96)
44) CHARLA WHEELER SCHARFFENBERG (50)	.79:24	(3-20-96)

MINUTES OF THE MUD GRAND PRIX:

We convened as scheduled to invite the new season, to greet our friends, to celebrate breathing, to praise what lasts though blasted.

Steve Cackley had a close encounter with mud, Val shared some beer, and various runners teased one another, so, except for rather less barking than usual, we were able to cover Spud Dog's absence fairly well.

Thanks, Linda and Joanne, for invaluable finish line assistance. Thanks as well to various contributors to the postage fund.

Following the summer solstice run, we intend to have a potluck picnic.

Congratulations to Linda and Bill Standal, Dennis Tong, and Del, worthy contestants in Fred Willet's 24 hour run in Longview, who all lived to tell about it and to attend the MGP just one week later!

Special congratulations to Red Fisher, who has won this race six times, and to second-place finisher Peter Jensen, who claims that his last race in the US was the 1994 Seattle Marathon. (Since then, he admits to only one other race, a half marathon, in Korea.)

SUMMER SOLSTICE GRAND PRIX (77TH)
20 JUNE, 1996 7:00 PM

1)	MARK BLOUDEK (22)	.42:05	
	LARRY MERRIFIELD (28)	.42:05	
3)	JESSICA BISSENETTE (22)	.48:06	(FIRST WOMAN)
4)	JOHN DUDLEY (52)	.48:21	
5)	ERIK SCHARFFENBERG (25)	.49:49	
6)	RICHARD SPACCARELLI (47)	.50:09	
7)	BOB LYNES (57)	.50:40	
8)	KIP WETZEL (20)	.50:54	
9)	DEL SCHARFFENBERG (50)	.51:24	
10)	JOHN BRADLEY (50)	.51:28	
11)	MELISSA THORNE	.52:00	(SECOND WOMAN)
12)	SIMON BUTTERWORTH (49)	.52:09	
13)	STEVE CACKLEY (49)	.52:47	
14)	MARK MAGNUSON (27)	.53:04	
15)	JIM ATHAY (46)	.53:17	
16)	DENNIS TONG (50)	.53:28	
17)	GERRY GREEN (58)	.53:32	
18)	LIZ CHAMBERLIN	.55:00	(THIRD WOMAN)
	BETTY WAGNER	.55:00	(THIRD WOMAN)
20)	CHUCK HOFFMAN (51)	.55:10	
21)	MICHAEL RYAN (52)	.55:44	(improved 60 seconds since 3-96)
22)	NATHAN TONG (16)	.56:14	
23)	BILL STANDAL (54)	.56:35	
24)	BOB MOW	.57:10	(6-22)
25)	JOE KREGAL (51)	.57:29	
26)	E. DAVID GRANUM (49)	.58:25	(late result from 3-96: 71:35)
27)	BOB ROSS (53)	.58:35	
28)	DAVE DRONKOWSKI	.55:59	
29)	REGINA KLETTKE (27)	.60:40	(FIFTH WOMAN)
30)	TODD BRADLEY (52)	.60:44	
31)	JENNY TAYLOR (27)	.61:11	
32)	KARL WETZEL (59)	.61:22	
33)	CLIFF AALBERG (45)	.61:36	
34)	DEAN JUSTICE (43)	.61:37	
35)	CHUCK REA (43)	.61:42	
36)	LYNN BYERS (42)	.62:55	
37)	JIM SNYDER (27)	.63:39	
38)	EDDIE ZAWADSKI (50)	.65:19	
39)	FRED WILLET	.67:35	
40)	DOUG "SPUD PUPPY" HENDERSON (45)	.68:38	
41)	BILL MCCRACKEN	.69:58	(6-18)
	MARK FREY	.69:58	(6-18)
43)	JULIE PEYTON (39)	.70:26	
44)	JOANNE ROSS (55)	.73:15	(improved 6 min, 9 sec from 3-96)
45)	HEIDI SCHARFFENBERG (28)	.75:48	
46)	CHARLA WHEELER SCHARFFENBERG (51)	.75:58	(6-19)
47)	BOB HAMMERS (58)	.77:49	
48)	LINDA STANDAL	.90:23	
49)	ROGER LARSON	.99:41	

MINUTES OF THE MUD GRAND PRIX

Here comes the sun! Here comes the sun! I say it's all right!

Runners converged on Wallace Park from all over the continental US to participate in this summer-welcoming events. Heidi traveled from Seattle; Fred from Kelso; Simon from Melville, New York, and Kip from school in Pennsylvania.

Bob Lynes was seventh in this race and also seventh overall three months ago; his time today was 46 seconds faster.

AUTUMN EQUINOX MUD GRAND PRIX (78TH)
22 SEPTEMBER, 1996 8:00 AM

1) BOB MOW (46)	.48:02	
2) RED FISHER (43)	.48:33	
3) DEL SCHARFFENBERG (51)	.50:32	
4) ELLIE NOLAN (36)	.50:35	(FIRST WOMAN)
5) BOB LYNES (58)	.50:42	
6) STEVE CACKLEY	.50:58	
7) JIM ATHAY (46)	.52:53	
8) JERRY DUNCAN	.53:16	
9) BILL STANDAL (54)	.55:11	
10) MIKE EBELING	.55:19	
11) DAVID DRONKOWSKI	.55:26	
12) E. DAVID GRANUM (49)	.56:40	
13) TAMMY TODD (36)	.57:16	(SECOND WOMAN)
14) MICHAEL BROWN (49)	.57:18	
15) PEGGY HUNTER (32)	.58:53	(THIRD WOMAN)
16) BOB MCCARTNEY (45)	.58:54	
17) BILL CAPRON	.58:57	
18) VAL SCHULTZ	.59:47	
19) STEVE SHAPIRO	.61:33	
20) BILL MCCRACKEN (52)	.61:49	
21) ROGER LARSON (51)	.62:47	(SAME DAY, EARLY START)
22) JIM SNYDER (28)	.63:54	
23) SPUD DOG HENDERSON (45)	.64:48	
24) ALLEN SICKLES (43)	.69:00	
25) MARK FREY	.78:19	
26) CHARLA WHEELER SCHARFFENBERG (51)	.79:29	(6-21: LONGEST TIME, LONGEST NAME)

MINUTES OF THE MUD GRAND PRIX

Ellie ran so nicely she broke into the all-time best ten women's times! Hurray for Ellie!
Bob Mow moved up 23 places since his finish in the summer solstice run this year!
Charla was really happy that she achieved her goal of not walking the hard hill!

The morning was lovely. Spud Dog painted his face with mud. People ate apples and wished one another well in the new season.

Thanks to Linda Standal for her excellent companionship and expert finish-line assistance.

TOP 10 WOMEN'S MUD GRAND PRIX TIMES

44:50LESLIE KRICHKO	(06-21-87)
46:24LESLIE KRICHKO	(06-21-90) (OVERALL WINNER)
47:53SHIRLEY DURTSCHI	(12-22-79)
48:06JESSICA BISSONETTE	(06-20-96)
49:31CYNTHIA CHILTON	(09-22-88) 86
49:53LIZ CHAMBERLIN	(09-21-89)
50:04LIZ CHAMBERLIN	(09-23-87)
50:35BEVERLY BURTON	(06-21-83)
50:35ELLIE NOLAN	(09-22-96)
50:59LINDA BECKER	(03-20-78)

Phyllis Shiningbugle, Associate Race Director

WINTER SOLSTICE MUD GRAND PRIX (79TH)
21 DECEMBER, 1996 8:00 AM

1)	RICH SPACCARELLI (48)	.49:23	
2)	KIP WETZEL (20)	.51:00	
	SETH WETZEL (22)	.51:00	
* 4)	BOB MOW (46)	.51:25	
* 5)	DEL SCHARFFENBERG (51)	.51:32	
6)	TODD GAY (50)	.52:11	
* 7)	STEVE CACKLEY (49)	.53:50	
8)	RITA HANSEN (39)	.54:22	(FIRST WOMAN)
*	JIM ATHAY (46)	.54:22	
*10)	BOB LYNES (58)	.56:35	
11)	BILL CAPRON (49)	.56:50	
12)	PAT GRILL (30)	.58:29	
13)	MARK FREY (39)	.58:41	
14)	PEGGY HUNTER (32)	.60:30	(SECOND WOMAN)
15)	CHUCK REA (43)	.60:36	
16)	BOB MCCARTNEY (45)	.60:37	
17)	ALLEN SICKLES (44)	.60:54	
18)	CLIFF AALBERG (45)	.61:15	
*19)	E DAVID GRANUM (50)	.61:57	
20)	BOB STERNBERG (53)	.62:01	
	KARL WETZEL (59)	.62:01	
22)	ERIC ROBISON (23)	.62:45	
	JOHN ROBISON (47)	.62:45	
24)	NATHAN TONG (17)	.63:15	
	DENNIS TONG (50)	.63:15	
	TODD BRADLEY (52)	.63:15	
27)	DAVID REGISTER (45)	.64:22	
	ED HERSHBERGER	.64:22	
29)	JOHN SALMON (52)	.65:16	
*30)	D "SPUD DOG" HENDERSON	.67:39	(12-19)
*31)	BILL MCCRACKEN	.75:41	
32)	FRED WILLET	.75:46	
33)	BOB HAMMERS	.77:00	
*34)	CHARLA WHEELER SCHARFFENBERG	.83:33	(12-19)
35)	BARBARA WETZEL (39)	100:00	
	DEXTER WETZEL (8)	100:00	(FIRST DOG)
*36)	ROGER LARSON	116:10	

* PERSONS WHO RAN THE COURSE SPRING, SUMMER, FALL, AND WINTER, 1996

MINUTES OF THE MUD GRAND PRIX:

The weather was damp and cool. There was mud. Some trees had horizontalized on Lower McLeay and on the Wildwood. We were happy to see several family groups in attendance.

Spud Dog and Kathy Henderson sent a box bursting with home-made goodies. Bob Lynes brought bread made from home-grown pumpkin. E David provided a giant carrot cake in honor of the day before race founder Steve Cackley's fiftieth birthday. Del contributed a fresh batch of Joe Frogger cut-out cookies.

Bill Capron said the trail was equinoxious.

Our thanks to several generous contributors of cash and stamps.

Somebody left a white Nike bandana behind. Call 245-9070 to arrange transfer.

On this shortest day, this longest night, we celebrate the gifts of friendship and mobility. Here's a Chinese blessing:

Ten thousand things bright.
Ten thousand miles; no dust.

Carmelita Sharkskin, Associate Race Director